



Whistler Nordics: September 18, 2011 Newsletter

With the first snowfall on the mountain yesterday, we are reminded that skiing is just around the corner – as soon as two months away! The club has been busy organizing for the winter with the latest updates below. Visit our website for more details at www.whistlernordics.com

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Notice of 2011 Annual General Meeting

Wednesday, September 28th, 2011, 7:00 PM, Spruce Grove Field House

Join us to learn about the club's plans for this winter. Some of the highlights on Wednesday will be:

- What's new at Whistler Olympic Park this season
- Learn more about ski base grinding and have your skis ground at a special group rate – please see attached file for the specific details on pricing and how to prepare your skis for them to be professionally 'freshened up' at Squamish Nordic Shop.
- Enter a draw to win a free P'ayakentsut entry
- Save \$ on your 2011/2012 membership (see below)
- Sign up for Master's programs
- Purchase Club apparel

In addition to electing next year's directors we will be recruiting for the positions of Risk Management Representative and Timing Official. Light refreshments to be provided. Please see the attached agenda for more information.

Membership Discounts

Memberships for this year can be purchased at the Annual General Meeting, online, or at the Ski Swap.

2011/2012 MEMBERSHIP PRICING

Adults attending the AGM will receive a \$5 rebate on the Early Bird price

	Early Bird	After SWAP (Nov 6 th)
Child < 19 yrs	\$15	\$25
Adult	\$30 (\$25 at AGM)	\$40
Family x 3	\$60 (\$50/\$55 at AGM)	\$90
Additional Family Member	\$10	\$15

Skill Development Program

Our youth programs are filling up quickly with a few already sold out. You can register or check for space online [here](#). To be put on a waitlist for those programs that are full, email admin@whistlernordics.com

SDP coaches have already had their first meeting and the classes are in the process of being organized. In order to offer all the programs and include those on waitlists we are still looking for a few coaches hence.....

Call for Coaches

The club is still looking for a few coaches that can volunteer their time. In particular, we are looking to fill spots Tuesday evenings, Thursday evenings and Saturday mornings (2hrs/week). Coaches need to be certified to a certain level depending on how old their class is. Below is the list of courses on offer this fall in our region and the club reimburses all payments if you coach for the season:

NCCP Introduction to Community Coaching	Oct. 14-15, 2011	Lost Lake Passive House
NCCP Community Coaching	Nov. 18-20, 2011	Whistler Olympic Park
NCCP L2T Dryland Workshop	Oct. 14-16, 2011	Vancouver
NCCP L2T On Snow Workshop	Nov. 25-27, 2011	Vancouver

Please contact Tobi at admin@whistlernordics.com if you are able to help us out this winter by coaching a group of kids.

Masters

There are still a few spaces in our Masters program but they are filling up fast.

Reminder: For those enrolled in the Wednesday night class, the dryland sessions begin October 5th, 7pm at Meadow Park Sports Centre.

Wednesday Evening Skating Program (and P'ayak Prep.)

Oct 5, 2011 - Feb 29, 2012

22 sessions, includes one social

Dry-land: 6 early season dry-land sessions at High Performance Gym/Meadow Park Sports Centre with strength training coach. 7-8:30pm

On-snow: 16 on-snow sessions at Lost Lake and Whistler Olympic Park. 6:30pm-8pm

\$250

Wednesday Morning Classic Technique at Lost Lake

6 sessions, Jan 4, 11, 18, 25, Feb 1, 8

9am-10:30am

\$85

Thursday Tune Up program I, Whistler Olympic Park

6 sessions (3 sessions classic skiing/ 3 sessions skate skiing)

Nov 24, Dec 1, 8, 15, 22, 29, 10-11:30am

\$95

Thursday Tune Up program II, Whistler Olympic Park

6 sessions (3 sessions classic skiing/ 3 sessions skate skiing)

Jan 5, 12, 19, 26, Feb 2, 9, 10-11:30am

\$95

Thursday Tune Up program III (Master's Spring skiing), Whistler Olympic Park

6 sessions (3 sessions classic skiing/ 3 sessions skate skiing)

Feb 16, 23, Mar 1, 8, 15, 22, 10-11:30am

\$95

Ski SWAP

November 6th, Whistler Hilton Resort and Spa

Mark your calendars and make your Xmas wish list. More details to follow in the October newsletter.
