

October 2007

2007 NORDIC SKI SWAP

Saturday, November 3, 2007

9:00 am – 2:00 pm

Myrtle Philip Community School

- local shops will be there with used rental equipment
- cash or cheque (preferred) only
- membership and program sign up for Whistler Nordics available
- no commission charged, just \$2 per item if it sells
- no charge to come in to look around
- no old 3 pin stock accepted. Items must be in good, clean condition
- you may stay with your items to sell, or leave them with us. Pick up of items/cash between 1:30pm and 2pm

2007 AGM Recap

The 2007 AGM on October 11th at Myrtle Philip School was attended by close to fifty members; Colin Pitt-Taylor supplied delicious cookies and coffee. Presentations by Rob Bernhardt, John Heilig and Max Saenger were the highlight of the evening. Slide shows, a cross country race movie, Max's demonstration of how laser Biathlon rifles

work, John's talk on ski jumping and the equipment almost made us forget we were at an AGM. There were no new nominations to the Club Board of Directors, so our executive remains the same as last year: Tom Barratt, President; Margot Murdoch, Vice-President; Nicola McKay, Treasurer and Cheryl Morningstar, Secretary. Our new Head Coach Maria Lundgren was introduced and available to answer questions.

Cross Country Officiating Courses and Event Volunteer Opportunities

The Club now has thirty-two members certified as cross country officials. Twenty-three are Level 1 Officials, with another nine taking their Level 2 Certification this month. Having an Officials Certification makes members eligible to volunteer at pre-Olympic, Olympic and Paralympic Games events, which include BC Cup races, the IPC World Cup and Nationals in March 2008.

If you are interested in volunteering as an Official for the Olympics or Paralympics, this fall may be the last chance for you to do so as there is a certain amount of training and experience required. All Level 1 Officiating Courses in Whistler are completed for this fall, however there are Level 1 Courses being offered in Squamish and Vancouver in November and if we have enough interest it is very likely that we can arrange to hold another one here in Whistler.

For more information on Officiating and Courses visit:

<http://www.crosscountrybc.ca/main.asp?cmd=doc&ID=1778>

The easiest way to register to volunteer for Events is to visit the CALOC (Callaghan Valley Local Organizing Committee) website: www.boldtracks.com and follow the links.

Volunteering for Other Events

Biathlon

Interested in becoming a Biathlon volunteer? There will be Biathlon official's courses in Squamish on Nov. 17 and Dec. 1.

Contact Ashley Burke:

Ashley_burke@vancouver2010.com for more information.

General Volunteer Jobs

CALOC is hoping to engage as many people in volunteer capacities as they can, so if you are interested in volunteering in some capacity, please contact Denise Imbeau:

denise@squamishchamber.com

Whistler Adaptive Sports Program News

Saturday, October 27, 2007

Information Session 10:00 – 12:00 noon

Find out more about programs, meet the athletes and coach, Phil Chew.

WASP AGM - 1:00 pm at Millennium Place

Elections, plans for the coming year etc...

Contact Chelsey Walker by email:

cwalker@whistleradaptive.com

Nordic Sports Day – Sat Nov 10th

Come and find out about events taking place in the Callaghan Valley this season. CALOC representatives will be at VANOC's Whistler Info Centre from noon to 4pm to answer your questions. Find out how you can get involved!

Dryland with Amy Caldwell and the Callaghan Valley Team

On Sunday October 14, Amy and five members of her National Development Team came to Whistler for a dryland session at Base II on Blackcomb. Fifteen kids from our club showed up for this fun event that lasted about 90 minutes.

Amy ran Club members through a series of training exercises, with Jesse Heckrodt, Bryn Knight, Emily Nishikawa, Hanna Perry and Chris Werrell providing good examples of how to 'do it right'!



The group finished off with a fun team relay event, cookies and juice.

This dryland session kicked off a program of weekly dryland sessions for kids who are members of the Whistler Nordics Ski Club and are registered in the Club's Skill Development Program.

Head Coach, Maria Lundgren will be conducting a series of dryland sessions that will run Sunday afternoons until December 9, 2007.

For more information visit the SDP blog at: <http://www.whistlernordics.blogspot.com>